



INFORMATION SERVICES

Tutorial



DynamicHealthTM

Evidence-based training and support for nurses and allied health professionals



NURSING SKILLS

Evidence-based guides and competency checklists to help you master nursing skills.

[Behavioral Health Care](#)



[Burn Care](#)



[Assessment Tools](#)



[Infection Prevention](#)



[Vital Signs](#)



[Restraints](#)



TOP SKILLS

Foley Catheter Insertion in a Female Adult
using aseptic technique to advance through the urethra into the bladder and secure in place

Suprapubic Catheter Removal
replacing catheter at routine intervals and when it is no longer needed

Dynamic Health è un'esauriente collezione di contenuti evidence based relativi a competenze e corrispondenti checklist, pensate per aiutare gli infermieri e le altre figure sanitarie a sviluppare delle essenziali competenze cliniche, transculturali e di educazione del paziente. In questo tutorial, vedremo come cercare e navigare *Dynamic Health* per trovare delle guide e delle liste, ma anche video ed immagini correlate.

Evidence-based training and support for nurses and allied health professionals

x

**GO TO**[Bed Rail Restraints in Older Adults](#)**SEARCH FOR**[bed rails](#)[bed rail restraint](#)[bed rail](#)[bed rail restraints in older adults](#)**NURSI**Evidenc
skills.**Behavi****Assessment Tools****Vital Signs****Infection Prevention****Restraints****Suprapubic Catheter Removal**replacing catheter at routine intervals
and when it is no longer neededa Female Adult
to advance
the bladder and

Cominciate inserendo i vostri termini di ricerca nel riquadro. Non appena inizierete a scrivere, Dynamic Health mostrerà delle competenze e delle ricerche che corrispondono alle vostre parole di ricerca. Selezionate una competenza dalla sezione **Go To** per andare direttamente alla guida corrispondente o scegliete un termine sotto **Search For** per vedere una lista di risultati.

O cliccate sul bottone **Search** per vedere in qualsiasi momento una lista di risultati.

Results for "bed rail"

All

Videos

Images

NARROW RESULTS

SKILL TYPE

Allied Health Skills (8)

Nursing Skills (325)

Patient Instruction Skills (4)

Transcultural Care Skills (4)

1-337 of 337 Skills

NURSING SKILLS

Bed Rail Restraints in Older Adults

using to restrict a patient from falling or getting out of bed

PROCEDURE

CHECKLIST

EVIDENCE

NURSING SKILLS

Rotokinetic Bed

using to turn an immobilized patient to promote postural drainage, peristalsis, and circulation and prevent complications

PROCEDURE

CHECKLIST

EVIDENCE

NURSING SKILLS

Bariatric Bed Utilization

using for patients who are morbidly obese and who have potential to self-position if given the stable surface provided by the bed

PROCEDURE

CHECKLIST

EVIDENCE

VIDEOS

ALL (143) >



VIDEO 1

Patient Transfer-Bed to Gurney 4-Person Straight Lift

IMAGES

ALL (185) >



IMAGE 1

Patient Transfer to Air-Fluidized Bed

Dopo aver condotto una ricerca, la schermata si apre automaticamente nell'area **All** dei risultati. Potete restringere i risultati cliccando su un tipo di competenza nel riquadro sulla sinistra.

Results for "bed rail"

All Videos Images

NARROW RESULTS

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VIDEOS

ALL (143) >



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IMAGES

ALL (185) >



IMAGE 1

Patient Transfer to Air-Fluidized Bed

Leggete una guida cliccando sul suo titolo iper-linkato. O andate direttamente ad una sezione specifica della guida cliccando sull'intestazione.

Usate le sottosezioni in alto per restringere i vostri risultati ai soli video o alle sole immagini.

Results for "bed rail"

All

Videos

Images

143 Videos

BED TO CHAIR OR COMMODE MANUAL PATIENT TRANSFER >



VIDEO 1
Patient Transfer-Bed to Gurney
4-Person Straight Lift
[View in Skill Guide](#)



VIDEO 2
Patient Transfer-Bed to Gurney
4-Person Lift with Draw Sheet
[View in Skill Guide](#)



VIDEO 3
Patient Transfer-Bed to Gurney with
Transfer Board+Draw Sheet
[View in Skill Guide](#)



VIDEO 4
Patient Transfer-Bed to Gurney
4-Person Carry Lift

Cliccate su play per vedere un video o sul collegamento **View in Skill Guide** per vedere il video all'interno del contesto di una guida dedicata ad una competenza.

NURSING SKILLS

Bed Rail Restraints in Older Adults

Guide

Checklist

EMAIL

PRINT

Purpose

Red Flags

Nursing Considerations

Evidence

- Research
- Guidelines

Procedure

- Supplies
- Pre-Procedure Steps
- Procedure Steps
- Patient/Family Education
- Post-Procedure Steps
- Documentation

Nursing Outcomes

References

Purpose

Raising all bed rails (2 full bed rails or 4 side rails) is considered a physical restraint if it prevents a patient from voluntarily getting out of bed or reduces the patient's ability to move his or her arms, legs, body, or head freely. The use of bed rails is intended to reduce risk for falls and subsequent injury, and to prevent the patient from getting out of bed when medically contraindicated.

Red Flags

- Bed rails are associated with an increased risk for falls and mortality
- Use of bed rails is risky, especially if the patient is elderly or disoriented
- Bed rail restraints can only be used under the orders of a treating clinician and according to unit or healthcare facility protocol
- 1:1 staffing can be necessary even during restraint use depending on the patient's condition and mental status

Nursing Considerations

- Restraints require a written order from the treating clinician, which cannot be written as a standing order, although manual restraint during an emergency medical

Andate ad una specifica sezione di una guida usando i collegamenti sulla sinistra.

The image shows a user interface for a procedure guide. On the left is a navigation menu with sections: Purpose, Red Flags, Nursing Considerations, Evidence (Research, Guidelines), Procedure (Supplies, Pre-Procedure Steps, Procedure Steps, Patient/Family Education, Post-Procedure Steps, Documentation), Nursing Outcomes, and References. The main content area is titled 'Procedure' and contains several expandable sections: SUPPLIES, PRE-PROCEDURE STEPS, PROCEDURE STEPS (which is currently expanded and contains 8 numbered steps), PATIENT/FAMILY EDUCATION, POST-PROCEDURE STEPS, DOCUMENTATION, and Nursing Outcomes. Red arrows point to the '+' and '-' icons next to the 'PRE-PROCEDURE STEPS' and 'PROCEDURE STEPS' sections, respectively.

Procedure

SUPPLIES +

PRE-PROCEDURE STEPS +

PROCEDURE STEPS -

1. Assist the patient to a comfortable position
2. Be sure that the bed is in the lowest position possible Steps 2-7.
3. Raise all of the bed rails
4. Lock the rails securely in place
5. Fill the space between the bed rails and mattress with blankets or pillows
6. Fill the space between the headboard and mattress to prevent the patient from falling into the space
7. Older adults who are physically small and patients who have agitation or delirium may be at increased risk for entrapment
8. Confirm that bed rails are returned to the proper position following each patient care activity

PATIENT/FAMILY EDUCATION +

POST-PROCEDURE STEPS +

DOCUMENTATION +

Nursing Outcomes -

- The patient is protected from harm when other interventions have proven ineffective or insufficient

In Dynamic Health la sezione **Procedure Steps** di una guida è automaticamente aperta. Potete aprire e chiudere le sezioni usando i bottoni + e -.

NURSING SKILLS

Bed Rail Restraints in Older Adults

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Purpose

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Le guide sulle competenze e le liste di verifica possono essere stampate o inviate via email usando i link all'inizio della guida. Quando si invia via email una guida, viene inviato un collegamento alla guida all'indirizzo email che avete specificato.

The image shows a digital interface for clinical guidelines. On the left is a sidebar with a list of categories: Purpose, Red Flags, Nursing Considerations, Evidence (with sub-items: Research, Guidelines), Procedure (with sub-items: Supplies, Pre-Procedure, Procedure Step, Patient/Family Education, Post-Procedure Steps, Documentation), Nursing Outcomes, and References (highlighted with a red box). The main content area on the right has several sections: a collapsed 'Alternatives' section, a paragraph of text with a popup window, a 'basis.' section, a paragraph of text, a 'GUIDELINES' section with a collapsed arrow, a paragraph of text, a collapsed 'Bed Rail Safety Guidelines' section, a 'Procedure' section, and a 'SUPPLIES' section with a plus icon. A red arrow points from the 'References' link in the sidebar to a popup window. The popup window contains the following text: 'Healey, F., Oliver, D., Milne, A., & Connelly, J. B. (2008). The effect of bed rails on falls and injury: a systematic review of clinical studies. Age & Ageing, 37(4), 368-78. View All References >'. The text in the main content area includes: 'studies researchers determined that the widely held harmful was not adequately supported. The researchers al reduction of bed rail use there should be a focus on and assessing appropriate bed rail use on a case-by-case basis.', 'In a single-center study comparing registered nurse (RN) and nursing assistant (NA) attitudes toward physical restraint use in older adult patients, researchers determined that both RNs and NAs reported that the most important reason to apply restraints was to prevent the patient from interfering with therapy, such as preventing the patient from pulling out feeding tubes or I.V. catheters. NAs were more likely than RNs to state that physical restraints were important in preventing patient falls.⁴', 'GUIDELINES Use of bed rails is risky, especially if the patient is elderly or disoriented. The patient may be at risk for entrapment, entanglement, or falling and sustaining injuries.¹ Bed rail safety guidelines issued by the United States Food and Drug Administration (FDA) Hospital Bed Safety Workgroup detail what must be considered in the design, maintenance, and placement of the bed rails and other parts of the bed.²'

I riferimenti citati sono visibili cliccando su **References** nella colonna sulla sinistra. Potete anche visualizzare i riferimenti all'interno del testo cliccando sui numeri iper-linkati (**reference number**) visibili dentro la guida.

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Dynamic Health offre anche la possibilità di navigare all'interno delle guide sulle competenze dalle aree Nursing Skills, Allied Health Skills, Transcultural Care Skills o Patient Instruction Skills.

Iniziate cliccando su una categoria di competenze.



Nursing Skills

- + Specialties
- + Basic Nursing Skills
- + Drains, Tubes, and Devices
- + Assessment and Diagnostic Skills
- + Interventions
- + Safety

Cliccate sul bottone con il + per aprire l'area delle competenze che volete scorrere.



Nursing Skills

Specialties

Addiction

+ Cardiovascular Care

+ Critical Care

Dermatology

+ Emergency and Trauma

Endocrinology

Gastroenterology

Gynecologic

+ Hospice and Palliative Care

+ Infection Prevention

Intravenous

+ Neonatal Care

Potete continuare a restringere la lista che state visualizzando o selezionare una competenza per vedere i risultati.

Dermatology

Head Lice And Nit Identification

Using contact precautions, visually inspecting hair and scalp

Chemotherapy-Induced Alopecia Management

Educating the patient and family about potential for hair loss and preparing them for coping with related psychological changes

Chemotherapy-Induced Dermatological Effects

Assessing skin, hair, nails, oral mucosa for pain, pruritis, tenderness, burning, or tingling or other reactions, and treating

Head Lice And Nit Treatment

Applying pediculicidal product to the hair for a specified time period, rinsing, drying, and combing



Laser Skin Therapy Assistance

Positioning patient comfortably to provide access to treatment area, assisting as needed, and providing post-procedure education

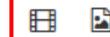
Prolonged Bed Rest Complication Prevention Of The Integumentary System

Assessing and monitoring for skin breakdown or pressure injuries, promoting proper positioning



Scabies Screening And Treatment

Preventing the spread of mites and ameliorating symptoms of infestation



Quando scorrete la lista delle guide, potete andare direttamente ai video o alle immagini disponibili cliccando sull'icona corrispondente sulla destra.

TRANSCULTURAL CARE SKILLS

Understand the beliefs and practices of different groups and cultures to improve your care skills. [Explore >](#)

PATIENT INSTRUCTION SKILLS

Learn to educate your patients and their families most effectively using these skills. [Explore >](#)

ANNOUNCEMENTS

American Organization of Nursing Executives

Come visit the [EBSCO Health](#) at booth #230 March 30 – 31 during AONE 2017 in Baltimore!

Read the 2017 KLAS Report

Dynamic Health outscores all point-of-care reference competitors for overall product quality in KLAS 2017 CDS report.

Staging of Pressure Injuries

The revised staging criteria issued by the National Pressure Ulcer Advisory Panel (NPUAP) in 2016 have been detailed in [this updated skill](#).

Fall Prevention Plans

The guidelines from the *American Geriatrics Society* and *British Geriatrics Society (2011)* and the updated *National Institute for Health and Care Excellence (NICE) (2017)* recommendations for exercise programs such as balance, gait, and strength training for the prevention of falls in older adults have been incorporated in [this updated skill](#).

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In qualsiasi momento potete cliccare su **Help** in fondo allo schermo per aprire la guida all'uso di Dynamic Health.



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assistenza EBSCO

<https://connect.ebsco.com>